



Department of Community Services Grande Cache Recreation Centre

780-827-2446

f Grande Cache Recreation Centre

www.grandecache.ca

AQUATIC CENTRE SCHEDULE

Effective September 3 - December 20, 2019

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PUBLIC SWIM <i>All Access & One Lane</i>	3:00 pm - 6:00 pm	5:30 pm - 7:00 pm	6:00 pm - 8:00 pm	5:30 pm - 7:00 pm	6:00 pm - 8:00 pm	3:30 pm - 8:00 pm	3:00 pm - 8:00 pm
LANE SWIM	2:00 pm - 3:00 pm	11:30 am - 1:00 pm 7:00 pm - 8:00 pm	11:30 am - 1:00 pm	11:30 am - 1:00 pm 7:00 pm - 8:00 pm	11:30 am - 1:00 pm	11:30 am - 1:00 pm	2:00 pm - 3:00 pm
FAMILY SWIM <i>Waveless</i>	2:00 pm - 3:00 pm	11:30 am - 1:00 pm 4:00 pm - 5:30 pm	11:30 am - 1:00 pm	11:30 am - 1:00 pm 3:30 pm - 5:30 pm	11:30 am - 1:00 pm	11:30 am - 1:00 pm	2:00 pm - 3:00 pm
DIVE BOARDS	3:00 pm - 6:00 pm			5:30 pm - 7:00 pm		3:30 pm - 8:00 pm	3:00 pm - 8:00 pm
HOT SPOTS <i>Whirl Pool, Sauna & Steam Room</i>	2:00 pm - 5:00 pm	11:30 am - 1:00 pm 4:00 pm - 8:00 pm	11:30 am - 1:00 pm 4:00 pm - 8:00 pm	11:30 am - 1:00 pm 3:30 pm - 8:00 pm	11:30 am - 1:00 pm 4:00 pm - 8:00 pm	11:30 am - 1:00 pm 3:30 pm - 8:00 pm	2:00 pm - 8:00 pm

Important Dates Aquatic Centre Hours:

Labour Day September 2, Public Swim 1:00 - 4:00 pm

Thanksgiving October 14, Public Swim 1:00 - 4:00 pm

Remembrance Day November 11 - 1:00- 4:00 pm

AQUATIC CENTRE SCHEDULE

Effective December 21, 2019 - January 5, 2020

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PUBLIC SWIM <i>All Access & One Lane</i>	3:00 pm - 6:00 pm	3:00 pm - 7:00 pm	1:00 pm - 3:00 pm	Closed	3:00 pm - 7:00 pm	3:00 pm - 7:00 pm	3:00 pm - 7:00 pm
LANE SWIM	2:00 pm - 3:00 pm	2:00 pm - 3:00 pm			2:00 pm - 3:00 pm	2:00 pm - 3:00 pm	2:00 pm - 3:00 pm
FAMILY SWIM <i>Waveless</i>	2:00 pm - 3:00 pm	2:00 pm - 3:00 pm			2:00 pm - 3:00 pm	2:00 pm - 3:00 pm	2:00 pm - 3:00 pm
DIVE BOARDS	3:00 pm - 6:00 pm	3:00 pm - 7:00 pm			3:00 pm - 7:00 pm	3:00 pm - 7:00 pm	3:00 pm - 7:00 pm
HOT SPOTS <i>Whirl Pool, Sauna & Steam Room</i>	2:00 pm - 6:00 pm	2:00 pm - 7:00 pm			2:00 pm - 7:00 pm	2:00 pm - 7:00 pm	2:00 pm - 7:00 pm

Important Dates Aquatic Centre Hours:

Christmas Eve December 24, Public Swim 1:00 - 3:00 pm

New Year's Eve December 31, Public Swim 1:00 - 3:00 pm

Boxing Day December 26, Public Swim 1:00 - 4:00 pm

Christmas Day & New Year's Day - Closed

AGE RULES

Children age 7 and under must be accompanied in the water and remain "within arms reach" of a responsible person age 16 or older.

Children under 10 must have a responsible person age 16 or older supervising within the aquatic centre.

i.e. 8 & 9 year olds require adult supervision within the Aquatic Centre; competent swimmers age 10 years and up can attend by themselves.

FACILITY MEMBERSHIPS & RATES

Available at <http://grandecache.municipalwebsites.ca/Editor/images/recfacilityrates2019.pdf>

DEFINITIONS

PUBLIC SWIM: Includes 25m Pool, Leisure Pool, Waterslide, Spray and Wave Features and one lane.

DIVING BOARDS: 1m & 3m Diving Boards. Children under 10 are not permitted to use the 3m Diving Board.

LANE SWIM: 25m pool available for lane swimming.

ONE LANE: One lane available in the 25m pool for lane swimming.

WAVELESS: Leisure pool, water slide and hot spots available for public swimming with no features or waves running. A good time for families to swim or young children to swim, all ages are welcomed; see age rule.

REMINDERS

Wristbands must be worn by all users.

Cleansing showers must be taken before entering a swimming pool.

Please follow posted facility rules for your safety.

*Times are subject to change without notice.