



GRIEF RECOVERY

HAVE YOU OR SOMEONE YOU KNOW
EXPERIENCED AN EMOTIONAL LOSS OR
MAJOR LIFE CHANGE??



Open Information Session to discover:

- **What is grief and why do we grieve?**
- **Common myths about grief and loss**
- **Grief Recovery Method Programs**

**WEDNESDAY SEPTEMBER 18 6:00PM-8:00PM
HINTON EMPLOYMENT AND LEARNING PLACE**

Candace Pambrun and Mandy Crespeigne



**Contact for More Information 780-865-1686 or
griefrecoveryhinton@gmail.com**

