



General Programs

Filing Out Forms

Do you struggle to fill out forms that are long and confusing? You are welcome to book a session and we can help you with forms such as passport applications, Canadian Citizenship applications important documentations and more!
Free

Cash Handling Basics

Friday, July 26th

11:00am-1:00pm

Learn how to make change, count back change and other basic cash handling skills you may need in daily life. \$10

Sewing 101

Friday July 26th

11:00am-1:00pm

Join this class to learn the basics of hand sewing/mending clothing, basic stitches and how to thread a needle with this beginner to sewing class. \$10

Computers

Word and Excel

During the summer months we will be offering Word and Excel one on one. Please call to book your appointment with Stephanie!



Scared Stiff Computer Basics

Are you scared to turn on a computer? Work with our computer coach to help you learn the basic skills. Call in to book and appointment with Stephanie.



We will be closed on Monday July 1st 2019 for Canada Day, Have a great long weekend!

We will also be closed Tuesday, July 9th and Wednesday, July 10th
Sorry for the inconvenience

Upcoming Events

Women's Self-Defence Class

Spanish Classes

Wills, Power of Attorney

FAC PAL Firearms Course

Coming in the fall of 2019!

GED Preparation Class

September 17th to December 5th
Tuesday, Wednesday & Thursdays

1:00pm-4:00pm

This class includes 100 hours of classroom instruction to help you obtain your GED. One on one tutoring is also available. All books, materials, and test writing fees are included. There is a \$100.00 deposit required. Spaces are limited register early!

Free

Mental Health Workshops

With a partnership with Trevor Haas we will be holding Mental Health workshops in the fall of 2019. These include:

- Stress Management
- Assertiveness
- Setting Boundaries
- Dealing with Anxiety
- And many more!

Watch for more information about the sessions soon!

Card Making Class

Thursday, August 15th

6:30pm-8:30pm

This card class is perfect for beginners. You will be amazed with what you can create. Go home with six cards and envelopes. Making cards for your friends and family can be an enjoyable hobby. Taking the time to make a greeting card personally will let the receiver know just how special they are to you. \$35



Ongoing Courses

Food Safe

This is an ongoing course that you do online. Call to register and book a spot on one of our computers. Your test must be done in house. This course allows you to gain knowledge about food safety, and prepare you for the certificate exam. This is a government recognized certification course. \$75

Sell-safe

This is an ongoing course that you do online. You can work on this course with our computers here at HELP. Sell-safe is required if you are working in a licensed Cannabis retail store. \$30

Pro-Serve

This is an ongoing online course. Call to book a spot. This course will help liquor industry workers learn how to sell and serve liquor responsibly, no matter where they work. The information in Pro-Serve provides workers with training required for the social responsibilities related to serving or selling liquor. \$30

Boaters Exam

Monday – Friday

8:30am – 3:30pm

Book your appointment for your Pleasure Craft Operations Card. Let our staff help you get started with your online course. No minimum age. Once successfully completed, your card is good for life. Take advantage of our low cost of \$55

You can register at:

www.hintonlearning.ca

or stop by our office at 110E

Brewster Drive

or call

780-865-1686



Follow us on Facebook:

@hintonemploymentandlearningplace

<https://www.facebook.com/hintonemploymentandlearningplace/>



Volunteer Opportunities

Are you interested in volunteering to help Hinton's Homeless Citizens? We have many different opportunities for volunteers including meal preparation, cleaning, working different events, fundraising, share shop, and many more!

Call Candace at 780-865-1686 for more information.



Are you interested in becoming a volunteer tutor for English Language Learners? You will meet some fantastic people, get the chance to learn about another culture, and help improve someone's life! Training is provided!

Contact us for more information.

780-865-1686



Freddy's Homeless Resource Room

Do you have barriers to stable housing, or do you know someone who struggles with homelessness? Our Resource Room offers showers, laundry facilities, mailbox, safe document box, telephone, computer use, individual support, housing options, assistance with forms, share shop coupons, a quiet place to relax and a bite to eat.



Family Literacy Programs

Dad Matters – Sept-Oct & April – May
Thursday's 6:00pm-8:00pm

HELP Families – Mondays, 11am – 1pm,
January 7th – June 17th

Magic Carpet Ride – Fridays, 10am – noon,
Starting in September – June

How to Talk so Kids will Listen and Listen so Kids will Talk! – Starting in September

ELL Literacy and Parenting Skills,
Mondays, 10am – noon, July 8th – Aug. 26th

Contact Mandy for more information
780-865-1686

Do you have ideas for courses or programs you would like to see offered in Hinton? Give us a call and we can help you get it set up!

Sharpen your Skills!

- Do you struggle with:
- Reading and Writing?**
- Computer Use?**
- Understanding Forms?**
- Math Skills?**
- Communication?**
- Working with Others?**



We can **HELP** you improve your skills in these areas.

Call Stephanie at 780-865-1686 for more information



Job Skills

for Persons with Disabilities and Multi-Barriered Albertans

Do you have barriers to employment? We can HELP you improve your skills and find meaningful employment.

- Resume & cover letter development**
- Interview skills, practice and tips**
- Job Search assistance**
- Career Planning**
- Connecting with employers**
- Find effective references**
- Job matching**
- Weekly Job Seekers Club**

Call Mandy at 780-865-1686 or cell: 780-223-7097 for more information!

You can also visit the Alberta Supports Centre at 568 Carmichael Lane or call them at 780-865-8273 to set up an appointment for a referral.

English Language Learning

We can provide one on one tutoring for English Language Learners. You will improve your skills in reading, writing, speaking and listening. Call Kylie to book an appointment.



Hot Dogs for the Homeless

Wednesday July 10th & 24th
11:00am-1:00pm

Come to our fundraising BBQS at the valley Freson Bros. for hotdogs to help raise money for Hinton's Homeless and Freddy's Homeless Resource Room.

