

BRIDGES RECREATION EXPLORATION REGISTRATION

NAME:	DATE:
ADDRESS:	PHONE:
EMAIL:	

1. What activities do you presently participate in for recreation/exercise/leisure?

2. In the past year have you participated in recreation program/activities offered at Duncan Murray Recreation Center? If so, which ones?

3. What are the barriers that prevent you from accessing recreation activities? (financial, transportation, accessibility, etc.)

4. What do you hope to gain from participating in these activities?

Walk & Talk Group (weekly) Starts June 2019	Dr. Duncan Murray Rec. Centre (swim, racquet sports, skating, rock wall climbing)	Swim to Survive for Adult Beginners
Yoga (TBA)	Nature Photography (Seasonal sessions)	ZUMBA Dance for Fitness (Resumes weekly in September)
Bowling (Weekly)	Gardening (At Community Greenhouse, weekly) Starts June 2019	Social Outings (Movie nights, picnics, lake visits, Jasper, BBQ, etc)
Monthly Meal Gatherings (Family potluck, last Friday of each month)	Fill and save this form, then email it to activities@bridgeshinton.org.	