

8 Reasons Kids Bully

1. Uninvolved Parents

A child who bullies may not be receiving love and warmth from his family. He may also not have rules at home.

2. Aggression in the Family

If a child is beaten up by older siblings or physically punished by parents, she may model her family's aggressive behavior at school.

3. Peers Who Bully

Children can learn bullying from their peers. Kids often bully to make themselves feel more important, and victims of bullying often become bullies.

4. Friends of a Feather

Children who bully tend to make friends with other kids who bully. These kids may then encourage each other's bad behavior.

5. Lack of School Rules

Bullying is more likely to happen in schools that don't have (or don't enforce) anti-bullying policies.

6. Poor Supervision in Schools

Bullying can happen more easily when there is poor supervision in the classroom, hallways, cafeteria or at recess.

7. Social Aggression

Emotional bullying, which is subtle and more common among girls, involves gossiping and spreading rumors about a person. A bully may do this in order to gain attention or feel better about herself.

8. Media Models

Television, movies and video games often depict aggressive behavior. Some children who see bullying portrayed in the media may then bully others in real life.