

Aquatics Drop In Schedule

Please Note

This schedule is subject to change. Call 780 865-6066 for current information



Schedule Effective April 1st, 2019 - June 30th, 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	6:30 - 9:00 AM Lane Swim ** Play Pool, Hot Tub & Steam Room Available during all Lane Swims** *PILOT - Swim Fit 8:00 am - 9:00 am					
	9:00-10:00 AM Low Impact Aqua Fit	9:00-10:00 AM CVLS	9:00-10:00 AM Low Impact Aqua Fit	9:00-10:00 AM Power Hour Aquafit	9:00-10:00 AM Low Impact Aqua Fit	
	10:00 - 11:30 AM School Swimming Lessons **This slot will be Family Swim when there are no lessons**				10:00 - 11:30 AM Family Swim	
11:30 - 1:00 PM Lane Swim ** Play Pool, Hot Tub & Steam Room Available during all Lane Swims**						
1:00 - 2:00 PM Rental/Toonie	1:00 - 2:00 PM School Swimming Lessons **This slot will be Family Swim when there are no lessons**				1:00 - 2:00 PM Family Swim	1:00 - 2:00 PM Rental/Toonie
CLOSED	2:00 - 3:30 PM Family Swim **No Family Swim April 1st, 15th & 29th**				2:00 - 3:30 PM Public Swim	CLOSED
2:30 - 3:45 PM Family Toonie						2:30 - 3:45 PM Family Toonie
CLOSED	Closed For Maintenance				CLOSED	
4:00 - 6:30 PM Public Swim	4:00 - 6:30 PM Swimming Lessons & Water Devils Swim Club ** From June 3rd - June 26th this slot will be Family Swim on Mondays/Wednesdays **				4:00 - 8:00 PM TOONIE SWIM/Power Hour Aquafit (6:00-7:00)	4:00 - 6:30 PM Public Swim
	6:30 - 8:00 PM TOONIE SWIM & Deep H2O Run	6:30 - 8:00 PM Public Swim	6:30 - 8:00 PM TOONIE SWIM & Deep H2O Run	6:30 - 8:00 PM Public Swim		
	8:00 - 9:30 PM Lane Swim ** Play Pool, Hot Tub & Steam Room Available during all Lane Swims** *PILOT - Swim Fit 8:00 pm - 9:00 pm					

FREE - Walk on Water Swim on Sunday, May 12, 1:00 - 4:00pm (Mother's Day) and Jun 16 from 1:00 - 4:00pm (Father's Day)



Parent Link Swims	Family Swims	Youth Centre Swims	Senior's Week	Modified Schedule
FREE to Parent Link families Apr 26, May 24, Jun 15, from 10:00 - 11:00 am Spots are limited, please call Parent Link to register.	All pools and steam room available. A 'calmer' swim than our public swim. Children 14 and under must be accompanied by an adult (18+). 2 lanes provided for Lane Swim.	FREE Apr 13, May 11 & Jun 8 Jun 15 (Glow Swim) 6:45pm - 7:45pm. Ages 13-18 welcome to attend, must register at Front Desk upon arrival.	Senior's Week Aquafit Celebration Jun 5th Class starts at 9:00am with coffee/tea available in the lobby from 9:00am - 11:00am - FREE	No Family Swims Apr 1, 15, 29 from 2:00pm - 3:30pm due to school bookings Apr 19 - Closed (Good Friday) May 20 - Closed (Victoria Day) Jun 21 - Closed at 8:00 pm for Swim Meet Jun 22 - Closed all day for Swim Meet

Spring Break - Aquatics




Sat Mar 23

11:30am – 1:00pm Lane Swim
 1:00pm – 3:00pm Family Swim
 3:00pm – 3:30pm  CLOSED
 3:30pm – 6:30pm  Public Swim




Sun Mar 24

11:30am – 1:00pm Lane Swim
 1:00pm – 3:00pm Family Swim
 3:00pm – 3:30pm  CLOSED
 3:30pm – 6:30pm  Public Swim




Mon Mar 25

6:30am – 9:00am Lane Swim
 9:00am – 10:00am Sr. Soak & Social
 10:00am – 11:30am Family Swim
 11:30am – 1:00pm Lane Swim
 1:00pm – 1:15pm  CLOSED
 1:15pm – 3:30pm  Public Swim
 3:30pm – 4:00pm  CLOSED
 4:00pm – 6:00pm Family Toonie Swim
 6:00pm – 8:00pm Public Swim
 8:00pm – 9:30pm Lane Swim




Tue Mar 26

6:30am – 9:00am Lane Swim
 9:00am – 11:30am Family Swim
 11:30am – 1:00pm Lane Swim
 1:00pm – 1:15pm  CLOSED
 1:15pm – 3:30pm  Public Swim
 3:30pm – 4:00pm  CLOSED
 4:00pm – 6:00pm Family Toonie Swim
 6:00pm – 8:00pm Public Swim
 8:00pm – 9:30pm Lane Swim




Wed Mar 27

6:30am – 9:00am Lane Swim
 9:00am – 10:00am Sr. Soak & Social
 10:00am – 11:30am Family Swim
 11:30am – 1:00pm Lane Swim
 1:00pm – 1:15pm  CLOSED
 1:15pm – 3:30pm  Public Swim
 3:30pm – 4:00pm  CLOSED
 4:00pm – 6:00pm Family Toonie Swim
 6:00pm – 8:00pm Public Swim
 8:00pm – 9:30pm Lane Swim



Thu Mar 28

6:30am – 9:00am Lane Swim
 9:00am – 11:30am Family Swim
 11:30am – 1:00pm Lane Swim
 1:00pm – 1:15pm  CLOSED
 1:15pm – 3:30pm  Public Swim
 3:30pm – 4:00pm  CLOSED
 4:00pm – 6:00pm Family Toonie Swim
 6:00pm – 8:00pm Public Swim
 8:00pm – 9:30pm Lane Swim



Fri Mar 29





6:30am – 9:00am Lane Swim
 9:00am – 10:00am Sr. Soak & Social
 10:00am – 11:30am Family Swim
 11:30am – 1:00pm Lane Swim
 1:00pm – 1:15pm  CLOSED
 1:15pm – 3:30pm  Public Swim
 3:30pm – 4:00pm  CLOSED
 4:00pm – 6:00pm Family Toonie Swim
 6:00pm – 8:00pm Public Swim
 8:00pm – 9:30pm Lane Swim

Sat Mar 30

11:30am – 1:00pm Lane Swim
 1:00pm – 3:00pm Family Swim
 3:00pm – 3:30pm  CLOSED
 3:30pm – 6:30pm  Public Swim

Sun Mar 31

11:30am – 1:00pm Lane Swim
 1:00pm – 3:00pm Family Swim
 3:00pm – 3:30pm  CLOSED
 3:30pm – 6:30pm  Public Swim

 MAINTENANCE / SETUP
 ICEBERG
 SUPERBUG
 WALK ON WATER

National Lifeguard Certification	#3733	\$380.00
Sat, Mar 23 - Wed, Mar 27		9:00am - 5:00pm
Prerequisite Requirements : Bronze Cross, Standard First Aid and 16 years +		



2019

**Discovery Camp Registrations
 Mon April 15th, 2019 8:00am**

Dr. Duncan Murray Recreation Centre

For more information contact: **Victoria Odell**
 (780) 740-8064 or vodell@hinton.ca

If you require subsidy please contact
 FCSS office @ (780) 865-6036