

Aquatics Drop In Schedule

Schedule Effective January 6th, 2019 - March 20th, 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	6:30 - 9:00 AM Lane Swim <i>** Play Pool, Hot Tub & Steam Room Available during all Lane Swims**</i>					
	9:00-10:00 AM Low Impact Aqua Fit.	9:00-10:00 AM Additional Lane Swim	9:00-10:00 AM Low Impact Aqua Fit	9:00-10:00 AM Additional Lane Swim	9:00-10:00 AM Low Impact Aqua Fit.	
	10:00 - 11:30 AM School Swimming Lessons <i>*This slot will be Family Swim when no lessons*</i>				10:00 - 11:30 AM Family Swim (except Jan 24, Feb 21, & Mar 20)	
11:30 - 1:00 PM Lane Swim <i>** Play Pool, Hot Tub & Steam Room Available during all Lane Swims**</i>						
1:00 - 2:00 PM Rental/Toonie	1:00 - 2:00 PM School Swimming Lessons <i>*This slot will be Family Swim when no lessons*</i>				1:00 - 2:00 PM Family Swim	1:00 - 2:00 PM Rental/Toonie
CLOSED	2:00 - 3:30 PM Family Swim				2:00 - 3:30 PM Public Swim	CLOSED
2:30 - 3:45 PM Family Toonie						2:30 - 3:45 PM Family Toonie
CLOSED	Closed For Maintenance					CLOSED
4:00 - 6:30 PM Public Swim	4:00 - 6:30 PM Swimming Lessons & JLC				4:00 - 6:00 PM Toonie Swim / JLC	4:00 - 6:30 PM Public Swim
	6:30 - 8:00 PM Toonie Swim & Deep H2O Run	6:30 - 8:00 PM Toonie Swim & Power Hour	6:30 - 8:00 PM Toonie Swim & Deep H2O Run	6:30 - 8:00 PM Toonie Swim & Power Hour	6:00pm - 8:00pm Public Swim	
	8:00 - 9:30 PM Lane Swim <i>** Play Pool, Hot Tub & Steam Room Available during all Lane Swims**</i>					

Parent Link Family Swim

FREE to Parent Link families on the following Fridays:

Jan 24, 2020

Feb 21, 2020

Mar 20, 2020

from 10:00 - 11:00 am

Patrons who wish to attend the FREE swims should contact Parent Link to register.

Limited spots available.

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Modified Schedule

Reduced Hours:

Mon, Feb 17, 2020 for Family Day - 1:00 - 4:00 pm.

Family Swim

All pools and steam room available.
A 'calmer' swim than our public swim.
Children 14 and under must be accompanied by an adult (18+).
2 lanes provided for Lane Swim.